

CABELL COUNTY SCHOOLS

ELEMENTARY PK LUNCH MENU JANUARY 2019

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Jan - 7 CHICKEN AND NOODLES Green Beans w Garlic Carrots Honey Coins Peaches Hot Roll WG MILK - Variety	Jan - 8 Pizza WG Pepperoni/Chees Broccoli, Parmesan CORN COBBETT Mandarin Oranges Cookie Choc Chip WW MILK - Variety	Jan - 9 Chili Con Carne w Beans Toasted WG Cheese Sandwi Carrot Sticks Ranch Dip, FF Pears, Sliced MILK - Variety	Jan - 10 Beefy Nachos WG Rice, Spanish WG Refried Beans Corn Jello w Fruit Mix Veg Fruit Bar Thursday MILK - Variety	Jan - 11 NO SCHOOL																																																																						
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Jan - 14 Barbecue Chicken Cheesy Potatoes Green Beans w Garlic Pears, Sliced Hot Roll WG Veg Fruit Bar Monday MILK - Variety	Jan - 15 Hamburger on Pretzel Bun Lettuce & Tomato Baked Beans Baked Fries ketchup, indiv 7 grams KIWI Veg Fruit Bar Tuesday MILK - Variety	Jan - 16 Spaghetti WG w Meat Sauc Caesar Salad w Ranch Dres Carrots Honey Coins Pears, Sliced Hot Roll WG Veg Fruit Bar Wednesda MILK - Variety	Jan - 17 CREAMED TURKEY Texas Toast Mashed Potatoes Peas & Carrots Grapes, Fresh Veg Fruit Bar Thursday MILK - Variety	Jan - 18 NO SCHOOL																																																																						

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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Jan - 28 Chicken Patty WG Bun Lettuce & Tomato Baked Beans Baked Fries ketchup, indiv 7 grams Apricot Cup Veg Fruit Bar Monday MILK - Variety	Jan - 29 BEEF VEGETABLE SOUP Toasted WG Cheese Sandwi Celery Sticks w Wow Butter FRESH APPLE WEDGES Veg Fruit Bar Tuesday MILK - Variety	Jan - 30 Beef a Roni WG Caesar Salad w Ranch Dres Carrots Honey Coins Pears, Sliced Ice Cream Hot Roll WG Veg Fruit Bar Wednesda MILK - Variety	Jan - 31 Mexican Cuisine Menu Taco, Beef & Cheese Crispitos Chicken & Chee SPANISH RICE MEXICAN CORN Churro, Raspberry Orange Slices Veg Fruit Bar Thursday MILK - Variety																																																																							
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N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.