

CABELL COUNTY SCHOOLS

MIDDLE SCHOOL BREAKFAST NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
			Nov - 1 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg/Cheese WG Croissant Fruit Juice, Assorted Craisins MILK - Variety	Nov - 2 Cereal to Go WG Breakfast Tart Cheese Stick Breakfast Oatmeal Cup WG Cinnamo Grapes, Fresh Fruit Juice, Assorted MILK - Variety
Nov - 5 Cereal to Go WG Snack Loaf, WG Blueberry Sausage on Biscuit Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Nov - 6 NO SCHOOL	Nov - 7 Cereal to Go WG Pancake WG Bites Yogurt breakfast - 4 oz Egg & Cheese Pretzel Bun Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Nov - 8 Cereal to Go WG MVP WG Low Fat Donut Chicken & Slider Bun WG Fruit Juice, Assorted Strawberries MILK - Variety	Nov - 9 Cereal to Go WG Muffin WG Chocolate Chip Cheese Stick Breakfast Sausage Pancake WG Stick FRESH APPLE WEDGES MILK - Variety
Nov - 12 NO SCHOOL	Nov - 13 Cereal to Go WG Scooby Graham WG Wow Butter, Breakfast Egg/Cheese WG Bagel Fruit Juice, Assorted Grapes, Fresh MILK - Variety	Nov - 14 Cereal to Go WG MVP WG Low Fat Donut Breakfast Pizza WG Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Nov - 15 Cereal to Go WG Muffin WG Chocolate Chip Cheese Stick Breakfast Chicken & Biscuit Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Nov - 16 Cereal to Go WG Bread, Zucchini WG Cheese Stick Breakfast Sausage on Biscuit Fruit Juice, Assorted Strawberry Cup MILK - Variety
Nov - 19 NO SCHOOL	Nov - 20 NO SCHOOL	Nov - 21 NO SCHOOL	Nov - 22 NO SCHOOL	Nov - 23 NO SCHOOL

N/A - denotes a nutrient that is either missing or incomplete for an individual ingredient.

***** - denotes combined nutrient totals with either missing or incomplete nutrient data.

NOTICE: The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

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MIDDLE SCHOOL BREAKFAST NOVEMBER 2018

Monday	Tuesday	Wednesday	Thursday	Friday
Nov - 26 Cereal to Go WG Yogurt breakfast - 4 oz Muffin, WG Berry Sausage Pancake WG Stick Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety	Nov - 27 Cereal to Go WG Pancake WG Bites Sausage on Biscuit Fruit Juice, Assorted PEACHES CUP MILK - Variety	Nov - 28 Cereal to Go WG PEACHES-N-CREAM WAFFL Bagels, Blueberry, Hilltop Wow Butter, Breakfast Fruit Juice, Assorted Strawberries MILK - Variety	Nov - 29 Cereal to Go WG Bagel, Mini Strawberry Crea Chicken & Slider Bun WG Fruit Juice, Assorted BANANA, SMALL MILK - Variety	Nov - 30 Cereal to Go WG Snack Loaf, WG Banana Egg/Cheese WG Croissant Fruit Juice, Assorted FRESH APPLE WEDGES MILK - Variety

USDA IS AN EQUAL OPPORTUNITY PROVIDER

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