

# CABELL COUNTY SCHOOLS

Monday	Tuesday	Wednesday	Thursday	Friday
	Jan - 1 NO SCHOOL	Jan - 2 NO SCHOOL	Jan - 3 NO SCHOOL	Jan - 4 NO SCHOOL
Jan - 7  Cheeseburger WG Bun French WG Bread Cheesy/P Potato Rounds ketchup, indiv 7 grams Tomatoes, Cherry APPLE, MED. PEACHES CUP MILK - Variety	Jan - 8  Italian Sub Chicken Patty WG Bun Chex Mix WG Tomatoes, Cherry BROCCOLI,raw Ranch Dip, FF Mandarin Oranges, cup BANANA, SMALL MILK - Variety	Jan - 9  BBQ Pork WG Bun Cheese, Cheddar, Cubes Steak/CheeseWG Hoagie Sun Chips WG Carrot Sticks Cucumber Slices Ranch Dip, FF Orange, Fresh BANANA, SMALL MILK - Variety	Jan - 10  Chicken/Bacon RanchWG H Ham & Cheese WG Croissa PRETZELS, FISH SHAPED Cucumber Slices Carrot Sticks Ranch Dip, FF BANANA, SMALL APPLE, MED. MILK - Variety	Jan - 11  Ham & CheeseWG Flatbrea Soft Taco (2) Nacho Scoops WG Salsa/H Refried Beans Red & Orange Peppers Ranch Dip, FF Pineapple Tidbits APPLE, MED. MILK - Variety
Jan - 14  MEATBALL SUB Chicken Patty WG Bun PRETZELS, FISH SHAPED Tomatoes, Cherry Cucumber Slices Ranch Dip, FF Orange, Fresh APPLE, MED. Apricot Cup MILK - Variety	Jan - 15  Cheeseburger/Pretzel Bun French WG Bread Cheesy/P Baked Beans BROCCOLI,raw Ranch Dip, FF KIWI APPLE, MED. BANANA, SMALL MILK - Variety	Jan - 16  CHICKEN PARMESAN WG S Cheeseburger WG Bun Munch WG Snack Mix Carrot Sticks Tomatoes, Cherry Ranch Dip, FF Mandarin Oranges, cup Strawberries APPLE, MED. MILK - Variety	Jan - 17  Philly Steak/Cheese WGSan Hot Dog WG bun with chili Quick Baked Potatoes Red & Orange Peppers Tomatoes, Cherry Ranch Dip, FF APPLE, MED. PEACHES CUP MILK - Variety	Jan - 18  Pepperoni/Cheese WG Roll Toasted WG Cheese Sandwi Chex Mix WG BROCCOLI,raw Cucumber Slices Ranch Dip, FF KIWI Pineapple Tidbits SUNFLOWER SEEDS MILK - Variety

**\*N/A\*** - denotes a nutrient that is either missing or incomplete for an individual ingredient.

**\*** - denotes combined nutrient totals with either missing or incomplete nutrient data.

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Monday	Tuesday	Wednesday	Thursday	Friday
Jan - 21  NO SCHOOL	Jan - 22  Steak/CheeseWG Hoagie BBQ Pork WG Bun Sun Chips WG Celery Sticks Wow Butter Carrot Sticks Ranch Dip, FF Orange, Fresh Applesauce Cup APPLE, MED. MILK - Variety	Jan - 23  Ranch Chicken/Cheddar Wr Steak/CheeseWG Hoagie Refried Beans Red & Orange Peppers Ranch Dip, FF Orange, Fresh APPLE, MED. MILK - Variety	Jan - 24  Turkey & Cheese WG hoagi French WG Bread Cheesy/P Potato Rounds ketchup, indiv 7 grams Cucumber Slices Ranch Dip, FF APPLE, MED. FRESH PEAR MILK - Variety	Jan - 25  Corndog WG MEATBALL SUB Nacho Scoops WG Salsa/H BROCCOLI,raw Tomatoes, Cherry Ranch Dip, FF APPLE, MED. PEACHES CUP MILK - Variety
Jan - 28  Cheeseburger WG Bun Ham & CheeseWG Flatbrea Potatoes, Red Roasted Baked Beans Red & Orange Peppers Apricot Cup BANANA, SMALL APPLE, MED. MILK - Variety	Jan - 29  Toasted WGCheese Sandwi Hot Dog WG bun with chili PRETZELS, FISH SHAPED Celery Sticks Wow Butter BROCCOLI,raw Ranch Dip, FF APPLE, MED. Orange, Fresh MILK - Variety	Jan - 30  Italian Sub Chicken Patty WG Bun Munch WG Snack Mix Red & Yellow Peppers Carrot Sticks Ranch Dip, FF Mandarin Oranges, cup BANANA, SMALL APPLE, MED. MILK - Variety	Jan - 31  Crisпитos Chicken & Chee French WG Bread Cheesy/P Dorito Chips, Nacho Chees Cucumber & Broccoli Tomatoes, Cherry Ranch Dip, FF FRESH APPLE WEDGES Orange Slices FRESH PEAR MILK - Variety	

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